

# SBIRT & Motivational Interviewing Academy

with Denise Beagley, M.Sc. & Adrienne Lindsey, MA, DBH

## SBIRT June 27

The Screening, Brief Intervention, and Referral to Treatment (SBIRT) model of care has been recognized as an evidence-based approach to universal screening for alcohol and drug misuse (SAMHSA, 2011; National Council for Community Behavioral Healthcare, n.d.). SBIRT is an effective method to identify and assist individuals who misuse alcohol or drugs, with either a brief motivation-enhancing encounter, education, or referral to specialty care when needed. SBIRT builds on the screening approach used in healthcare for a range of lifestyle issues (e.g. tobacco use, hypertension, obesity, etc.), and screening for drug and alcohol use becomes a part of every initial encounter. Special attention will be given to adaptations to the model to address the opioid epidemic.

12pm-1pm Registration | 1pm-4pm Instruction

## MI Academy June 28-29

Motivational Interviewing (MI) is a client-centered, goal-oriented method for enhancing intrinsic motivation to change by exploring and resolving ambivalence. This two-day Motivational Interviewing Academy is a unique intensive workshop that includes multiple opportunities for participants to practice MI skills and receive individualized mentoring and feedback. Training participants can track their MI proficiency and skill development via the new MyMI web portal. Upon completion of the Academy, and submission of two work samples, participants will receive a completion certificate demonstrating their individualized MI proficiency level. Special attention will be given to the application of MI when working with those with opioid use disorders.

8am - 9am Registration | 9am - 4pm Instruction

**CEUs: 15 hours (NAADAC) | Cost: Free** *(Paid for by HCIC)*

**High Country Conference Center, 201 West Butler Avenue,  
Flagstaff, AZ 86001 (Agassiz/Fremont room)**

**Register for SBIRT**

**Register for MI Academy**

 **Center for Applied  
Behavioral Health Policy**  
Arizona State University

 **Health CHOICE**  
INTEGRATED CARE